

## JACQUELINE M. LUDES BRAEGER, Ph.D.

9147 Rymark Drive  
Indianapolis, IN 46250  
(317) 698-5886  
e-mail address: [jbraeger@cts.edu](mailto:jbraeger@cts.edu)

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### EDUCATION

Degree Conferred  
August 1998      **Ph.D., Child Development and Family Studies**  
Marriage and Family Therapy Program  
Purdue University, West Lafayette, IN

Degree Conferred  
May, 1989      **M.Ed., Counseling Education**  
Boston University, Overseas Program, United Kingdom

Degree Conferred  
May, 1983      **B.S., Communication Disorders, Minor in Psychology**  
Pennsylvania State University

### PROFESSIONAL EMPLOYMENT

2014-  
Present      **Assistant Professor**  
*Marriage and Family Therapy Program*  
*Christian Theological Seminary, Indianapolis, IN*  
Gender, Sexuality & Culture (P 619)  
Couples Systems Therapy (P623)  
Research Methodology (P770)  
Introduction to the Theory & Practice of MFT (P520 & P522)  
Treating Addictive Behaviors (P637)  
Psychopathology (P634)  
Short Term MFT Therapies (P775)  
Developed course curricula addressing recommendations of  
COAMFTE accrediting body. Designed course syllabi and weekly lesson  
plans for clinical courses. Provided student mentoring, academic advising and  
professional development. Metavised licensed therapists working on AAMFT  
Approved Supervisor credential. Developed and evaluated outcome-based  
Clinical evaluation processes to recursively improve and monitor MFT program,  
student and faculty learning outcomes, Assisted masters-level counseling  
students in examining and critically evaluating the theory and practice of the  
field of marriage and family therapy.

2015      **Marriage and Family Therapy Program Director (Interim)**  
*Marriage and Family Therapy Program*  
*Christian Theological Seminary, Indianapolis, IN*  
Administrated MFT graduate training program while regular  
MFT Program Director was on 7 month research leave.

2005-  
Current      **Executive and Professional Development Coach**  
*Private Consultant*  
*Indianapolis, IN*  
Provided professional life coaching, executive development and systems  
consultation with individuals, groups and organizations.

- 2013-  
2014                    **Clinical Director (Interim)**  
*Counseling Center*  
*Christian Theological Seminary, Indianapolis, IN*  
Adminstrated the Christian Theological Counseling Center which supports two Clinical graduate training programs and a post-graduate residency program. Responsibilities included staff management, recruitment and training. Oversight of Medicaid/Medicare billing. Practicum student and post-graduate resident clinical consultation, group supervision and crisis management.
- 2004-  
2014                    **Clinical Supervisor**  
*Graduate Residency Program*  
*Practicum Training Program*  
*Christian Theological Seminary, Indianapolis, IN*  
Provided both individual and group clinical supervision for graduate Residents and masters-level practicum students pursuing counseling degrees and Indiana state licensure in mental health counseling and marriage and family therapy.
- 2000 –  
2014                    **Affiliate Professor**  
*Marriage and Family Therapy Program*  
*Christian Theological Seminary, Indianapolis, IN*  
Gender, Sexuality & Culture (P 619)  
Couples Systems Therapy (P623)  
Research Methodology (P770)  
Introduction to the Theory & Practice of MFT (P520)  
Treating Addictive Behaviors (P637)  
Short Term MFT Therapies (P775)  
Integration of MFT Theory (P621)  
Post Modern Therapies (P745)  
Developed course curricula addressing recommendations of COAMFT accrediting body. Designed course syllabi and weekly lesson plans for clinical courses. Provided student feedback and administered grading system. Assisted masters-level counseling students in examining and critically evaluating the theory and practice of the field of marriage and family therapy.
- 2009-  
2010                    **Marriage and Family Therapy Program Director (Interim)**  
*Marriage and Family Therapy Program*  
*Christian Theological Seminary, Indianapolis, IN*  
Adminstrated the MFT graduate training program while regular MFT Program Director was on 13 month research leave.
- 1999 –2005                    **Clinical Consultant for Home-Based Family Preservation Program**  
*Lutheran Child & Family Services, Indianapolis, IN*  
Conducdt monthly clinical supervision of 12 bachelors-level case managers and masters-level therapists utilizing strength-based, systemic therapy model in the treatment and preservation of families with children at high-risk for out-of-home placement. Provided basic instruction in family systems-based models of intervention.
- 1995 - 2004                    **Psychiatric Emergency Services Consultant**  
*Community Hospitals of Indianapolis, Indianapolis, IN*  
Conducted psychiatric evaluations for 3 Community Mental Health Centers, 3 Hospital Emergency Departments, and 14 private psychiatrists. Triageed emergency phone calls, and provided supportive counseling, information

and community referral. Coordinated emergency case management services for chronic mentally ill clients. Liaisoned with physicians, police officers, mental health providers and family members. Consulted with insurance providers to secure reimbursement for mental health services.

2002 – 2003

**Family Therapist**

*Mercury Center, Greenwood, IN*

Conducted family therapy sessions within a private practice setting, specializing in the treatment of children and adolescents with behavioral problems. Facilitated multi-family group sessions in order to enhance creative problem-solving skills and strengthen natural support systems.

2000 - 2002

**Clinical Manager**

*Youth Emergency Services, Indianapolis, IN*

Supervised 7 staff members providing clinical case management services to families with children that were running away from home. Provided weekly live and videotaped supervision directed at treating extreme behavior utilizing a family therapy perspective. Developed and administered the “Back to Home” Program through Youth Emergency Services. Coordinated efforts with Law Enforcement, Juvenile Court and Child Protective Services in order to strengthen treatment efficacy. Linked with clinicians within the local community to expand continuum of care for families served. Educated on the local, state and national level regarding case management program that targeted the treatment of extreme behavior utilizing a family systems perspective.

1991 - 1994

**Marriage and Family Therapist**

*Arnett Clinic, Lafayette, IN*

Performed individual, couple and family therapy with children, adolescents and adults within an outpatient managed-care medical network. Co-facilitated social skills training groups for preadolescent boys diagnosed with attention-deficit hyperactivity disorder, engaging parental involvement with between-session interventions. Developed and presented community workshops addressing blended family issues.

1989 - 1990

**Mental Health Therapist**

*Superstition Mt. Mental Health Center, Apache Junction, AZ*

Conducted individual, couple, family and group therapy with children, adolescents and adults within a community mental health setting. Worked extensively with client/family referrals through Child Protective Services. Presented numerous Parenting Skills workshops. Engaged in mobile crisis intervention support with local police department, providing emergency psychiatric evaluations throughout rural community.

1989 -1990

**School Counselor**

*Apache Junction High School, Apache Junction, AZ*

Engaged, assessed and treated high school students referred to at-risk prevention program, incorporating parental involvement. Liaisoned with teachers, probation officers, family members and friends to prevent drop-out of students exhibiting behavioral problems, academic difficulties, or truancy.

- 1987 -1989                    **Public Relations Specialist**  
*Family Support Center, R.A.F. Bentwaters, England*  
 Researched, designed and implemented preventative programs geared toward assisting military members and their families successfully adapt to a foreign culture. Identified local employment opportunities and facilitated job placement of military family members. Designed and coordinated monthly employment seminars. Researched, wrote and published 50 page relocation assistance manual for the U.S. Air Force. Co-authored family agency staff study and needs assessment.
- 1986 -1987                    **Substitute Teacher**  
*Department of Defense Schools, Hahn Air Base, Germany*  
 Instructed students in grades 7 through 12, executing teacher-prepared lesson plans.
- 1986 -1987                    **International Tour Guide**  
*Recreation and Travel Center, Hahn Air Base, Germany*  
 Conducted tours of major European cities, escorting military members and their families on English-speaking excursions. Researched European history, culture and tourist attractions and assisted passengers in planning personal travel itineraries.
- 1985 - 1987                    **Substance Abuse Counselor**  
*Social Actions Dept., U.S. Air Force, Hahn Air Base, Germany*  
 Conducted initial assessments and co-facilitated 20 short-term substance abuse treatment groups targeting military members.
- 1985 - 1987                    **Crisis Intervention Manager**  
*U.S. Air Force, Hahn Air Base, Germany*  
 Developed English-speaking helpline in German community from the planning stage to final product: self-sufficient organization with trained staff of 30 counselors. Instructed volunteers in crisis intervention, skilled listening and creative problem-solving techniques. Coordinated staff scheduling, marketing, training and fund-raising. Designed award-winning resource manual.
- 1983 -1984                    **Ronald McDonald House Staff Member**  
*Geisinger Medical Center, Danville, PA*  
 Established supportive connection with family members of children being treated for serious illness while residing in temporary residential facility. Managed household functions (e.g., visitor registration, food distribution, coordination of information) and provided community information and referral.
- 1981 - 1983                    **Crisis Intervention Counselor**  
*Oasis Help Center, State College, PA*  
 Provided crisis intervention services to university students and local residents, including walk-in evaluations and phone assistance. Instructed volunteers in crisis intervention and skilled listening techniques.

**ACADEMIC  
 EMPLOYMENT**

- 2014 –  
 Present                        **Assistant Professor**  
*Marriage and Family Therapy Program  
 Christian Theological Seminary, Indianapolis, IN*  
 Developed course curricula addressing recommendations of

COAMFTE accrediting body. Designed course syllabi and weekly lesson plans for clinical courses. Provided student mentoring, academic advising and professional development training. Metavised licensed therapists working on AAMFT Approved Supervisor credential. Developed and evaluated outcome-based clinical evaluation processes to recursively improve and monitor MFT program, student and faculty learning outcomes, Assisted masters-level counseling students in examining and critically evaluating the theory and practice of the field of marriage and family therapy.

2015 &  
2009-2010

**Marriage and Family Therapy Program Director (Interim)**

*Marriage and Family Therapy Program*

*Christian Theological Seminary, Indianapolis, IN*

Administrated MFT graduate training program while regular MFT Program Director was on 7 month and 13 month research leaves, respectively.

2013-  
2014

**Clinical Director (Interim)**

*Counseling Center*

*Christian Theological Seminary, Indianapolis, IN*

Administrated the Christian Theological Counseling Center which supports two Clinical graduate training programs and a post-graduate residency program. Responsibilities included staff management, recruitment and training. Oversight of Medicaid/Medicare billing. Practicum student and post-graduate resident clinical consultation, group supervision and crisis management.

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2014

**Clinical Supervisor**

*Graduate Residency Program*

*Practicum Training Program*

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Provided both individual and group clinical supervision for graduate Residents and masters-level practicum students pursuing counseling degrees and Indiana state licensure in mental health counseling and marriage and family therapy.

2000 -  
2014

**Affiliate Professor**

*Marriage and Family Therapy Program*

*Christian Theological Seminary, Indianapolis, IN*

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Integration of MFT Theory (P621)

Post Modern Therapies (P745)

Designed course syllabi and weekly lesson plans. Provided student feedback and administered grading system. Assisted masters-level counseling students in examining current research and critically evaluating the theory and practice of the field of marriage and family therapy. Facilitated development of clinical competency in working with individuals, families and couples.

2005-  
2006

**AAMFT Beta Test Member**

*Christian Theological Seminary, Indianapolis, IN*

*American Association of Marriage & Family Therapy, Washington, DC*

Selected to participate in national beta test group project along with 7 other

MFT Training Programs tasked with studying best practices in training and evaluating marriage and family therapy students in the development of clinical core competencies. Presented results to AAMFT (American Association for Marriage and Family Therapy) membership annual conference in 2006.

1993

**Research Consultant**

*Social Work Department, Indiana University/Purdue University of Indianapolis, Indianapolis, IN*

Designed statewide needs assessment study to identify concerns of family members of people with HIV/AIDS. Consulted with I.U.P.U.I. research team regarding the application of qualitative research methodology through the use of focus groups.

1993

**University Instructor**

*Department of Child Development and Family Studies  
Purdue University, West Lafayette, IN*

Relationship Skills (CDFS 431)

Designed course syllabus, developed biweekly lesson plans, instructed 2 class sections, and administered grading system for senior-level undergraduate course.

1991 - 1992

**University Instructor**

*Department of Child Development and Family Studies,  
Purdue University, West Lafayette, IN*

Sexuality and Family Life (CDFS 430)

Designed course syllabus, developed tri-weekly lesson plans, instructed 2 class sections, and administered grading system for senior-level undergraduate course.

1992

**Clinical Supervisor**

*Marriage and Family Therapy Doctoral Program,  
Purdue University, West Lafayette, IN*

Supervised 10 doctoral-level family therapists during 3 semesters of graduate practicum. Followed a 3 stage model of pre-session planning, mid-session consultation and post-session feedback utilizing one-way mirror observation of therapy sessions. Video-taped therapy consultations were also conducted as an alternative supervisory method.

1990 - 1991

**Graduate Assistant**

*Marriage and Family Therapy Doctoral Program,  
Purdue University, West Lafayette, IN*

Edited and published the *Purdue Family Therapist* newsletter. Organized and marketed university-sponsored marriage and family therapy conference. Co-instructed multidisciplinary graduate introductory counseling skills course (*Counseling Skills for Child and Family Specialists*, CDFS 560).

1982 - 1983

**Research Assistant**

*Communication Disorders Program, Education Department  
Clinical Psychology Program, Psychology Department  
Pennsylvania State University, University Park, PA*

Assisted with psycholinguistic research project comparing the narration of language-disordered and non-disordered children. Administered personality inventory to pre-school children attending day care facility for clinical psychology research project.

1981

**Teaching Assistant**

*Educational Psychology Program, Education Department  
Pennsylvania State University, University Park, PA*

Conducted educational psychology labs, facilitating discussions and exercises related to course material. Determined grades on lab assignments. Held office hours and assisted students experiencing difficulty with course material.

**PRACTICUM  
EXPERIENCE**

1990 - 1994

**Marriage and Family Therapy Clinic**

*Purdue University, West Lafayette, IN*

AAMFT-approved clinical training program for marriage and family therapy. Primarily utilized live supervision via one-way mirrors, co-therapy and reflecting teams. In addition, supervised through use of video-taped therapy sessions for case consultation.

1988 - 1989

**Concern Counseling Center**

*Ipswich, England*

British training institute for individual counseling utilizing a psychodynamic orientation. Participated in "T" group training, theoretical seminars and group supervision of case material.

1988 - 1989

**Community College of the Air Force**

*R.A.F. Bentwaters, England*

Counseled college students on degree requirements, courseload management, standardized testing and effective study habits.

1982

**Child Development Center**

*Pennsylvania State University, University Park, PA*

Undergraduate internship in university-sponsored day care program. Studied the language development of eight children including infants to three year olds. Developed and implemented lesson plans, selected behavioral interventions and observed child behavior.

**HONORS**

**Honors Graduate, Pennsylvania State University**

**High Honors Graduate, Boston University**

**Outstanding Civilian Award, U.S. Forces in Europe, 1986**

**RESEARCH  
GRANTS AND  
AWARDS**

**Fahs-Beck Research Grant for Dissertation Research (\$2000)**

*Indiana Association of Marriage and Family Therapy*

Student Research Award

**PUBLICATIONS**

Thompson, V. & Braeger, J. (2015). *Acculturation and Latency*. In F. Kelcourse, "Human Development and Faith: Life-cycle stages of body, mind, and soul (2<sup>nd</sup> Ed.). Chalice Press, St. Louis, MS.

Williams, L.; Bischoff, R.; & Ludes, J. (1992). A biopsychosocial model for treating infertility. *Contemporary Family Therapy*, 14 (4).

Piercy, F.; Limansubroto, C.; Burg, J.; Ludes, J.; Stander, V.; Leiro, C.; Dwyer, T.; McCollum, E.; & Beer, J. (1992). Families training therapists: The voluntary family exploration interview. *Journal of Family Psychotherapy*, 3 (3), 41-53.  
Ludes, J. & Meagher, P. (1989). Relocation assistance and overseas duty support for families at an air force base in the united kingdom. *Military Family Resource Center, accession number: 1545*.

Meagher, P.; Duarte, J.; Ludes, J & Headstrom, J. (1989). Measuring quality of life at an air force base in the united kingdom. *Military Family Resource Center, accession number: 1549*.

### **CONFERENCE PRESENTATIONS**

***“Transformational Pedagogy: A Classroom-based Research Study on Relating Across Difference”***, with Christina Davis at the Society for Pastoral Theology Annual Conference, June 18, 2015  
Denver, CO

***“Constructive Conversations on Race: Relating Across Difference”***, with Christina Davis at Second Presbyterian Church’s Faith in Action Series, March 1, 2015  
Indianapolis, IN

***“Softening Resistance”***, with John Walker, Alicia Stout and Kimm Workman at the Indiana Association for Marriage and Family Therapy Fall Workshop, November 16, 2001  
Indianapolis, IN

***“Community Family Therapy”***, with Scott Sells, John Walker, and Phil Oulette at the American Association for Marriage and Family Therapy 58<sup>th</sup> Annual Conference, November 2, 2000  
Denver, CO.

***“Involuntary Mental Health Law and the Family Therapist”***, with Paul Braeger at the Indiana Association for Marriage and Family Therapy Conference, April 12, 1996  
Indianapolis, IN

***“Biopsychosocial Model for Working with Infertility”***, with Lee Williams and Rich Bischoff at the Indiana Association for Marriage and Family Therapy Conference, April 5, 1991  
Indianapolis, IN.

### **MEMBERSHIPS**

**American Association for Marriage and Family Therapy,**  
*Clinical member (since 1990)*  
*Approved supervisor (since 1999)*



**CERTIFICATION/  
LICENSURE**

**Licensed Marriage and Family Therapist, State of Indiana**  
*(License Number: 35001317A)*

**Certified Executive and Life Coach (2009)**  
**Certified Energy Leadership Coach (2010)**  
*iPEC (Institute for Professional Empowerment Coaching)*

**Restoration Therapy Level 1 Training (2016)**

**Emotionally Focused Family Therapy Externship (2011)**  
*Chicago, IL*

**IMAGO Level 1 Training (2009)**  
*Indianapolis, IN*

**Gottman Level 1 Training (2004)**  
*Nashville, IN*